



PV Dementia Cafe

**FREE
ENTRY**

PORTER VALLEY

DEMENTIA CAFE

Social- Snacks and refreshments

Fun- A range of activities

Educational- Relevant speakers and guests

- To be held on every 1st and 3rd Thursday of the month 2pm-4pm at Bents Green Methodist Church, S11 9SJ- starting 6 December.
- Accessible by number 88, 83 and number 4 buses and lots of free road parking available.
- All welcome including carers.
- Please contact Kath Horner on kathmhorner@gmail.com or 07757 619009 for more information and to confirm your attendance.